

2018 Benefits Contact Information

Category	Provider/Agency	Policy/Plan Number	Phone	Internet Address
401k	Empower Retirement - 401(k) Deferred Compensation	Group #: 150004-01	1-844-465-4455	www.empower-retirement.com
401k	Charles Schwab Direct Line		1-888-393-7272	
457	Dept. of Retirement Systems - 457 Deferred Compensation Plan		1-800-547-6657 1-866-377-8895 (TDD)	www.drs.wa.gov/dcp
Dental – Willamette (DMO)	Willamette Dental of Washington - DMO	Policy #: Z145	Appts: 1-800-359-6019 Customer Service: 1-800-360-1909	www.willamettedental.com
Dental – Delta Dental (PPO)	Delta Dental of Washington (previously Washington Dental) - PPO	Policy #: 768	1-800-554-1907	www.deltadentalwa.com
Dental – Delta Care (DMO)	Delta Care 10 (Delta Dental) - DMO	Policy #: 00595	1-800-554-1907	www.deltadentalwa.com
EAP	Employee Assistance Program (EAP) - [Administered by Reliant Behavioral Health]	Access online: Use “ ennw ” as access code.	1-866-750-1327	www.reliantbh.com
FSA	Health/Dependent Care Flexible Spending Accounts [Administered by Rehn & Assoc.]	Plan Number: 503	1-800-872-8979	www.INCENT.rehnonline.com Email: Cheryl@rehnonline.com
HSA	Health Equity		1-877-873-8823	http://www.healthequity.com/pebb
Identity Theft Insurance / Credit Monitoring	VerifiID		1-866-440-1146	www.getverifid.com
Life and AD&D	Cigna	FLX966284	1-800-36CIGNA (24462) or 1-866-562-8421	www.Cigna.com/customer-forms
Medical – GHC	Group Health - Classic (HMO) Group Health - Value (HMO) Group Health - Consumer Directed Health Plan (CDHP)	Group #6503 Policy # 4090000	1-888-901-4636 1-800-833-6388 (TTY/TDD)	www.ghc.org/pebb
Medical - UMP	Uniform Medical Plan (UMP) Administered by Regence Blue Shield Uniform Medical Plan – Classic & Consumer Directed Health Plan (CDHP)	Group #: 10003948 Account set-up password 34850	1-888-849-3681 1-888-923-5622 (TTY) or 360-923-2701	www.hca.wa.gov/ump
Medical – UMP Prescriptions	<u>Washington State Rx Services</u> ’ mail-order pharmacy for UMP	On medical card (Subscriber ID)	<u>Questions, Network Pharmacies:</u> 1-888-361-1611 <u>Mail Order:</u> PPS 1-800-552-6694 BioScrip 1-877-316-8921	www.ump.hca.wa.gov
PEBB	Washington State Health Care Authority (Administrator for Medical Coverage through the Public Employees Benefit Board (PEBB))	Agency # 900 Sub Agency # B79	1-800-200-1004	www.hca.wa.gov/pebb
PERS	Public Employees’ Retirement System (PERS) – [Administered by Washington State Department of Retirement Systems (DRS)]	Password to set up PERS3 account: 107182	1-800-547-6657 1-866-377-8895 (TTD)	www.drs.wa.gov E-mail: recep@drs.wa.gov
PERS 3 Investments	Public Employee Retirement System 3 (PERS 3) – [Administered by DRS]		1-800-547-66573	Email: www.drs.wa.gov
STD/LTD	CIGNA To initiate a disability claim, call 1-800-36CIGNA (24462) or 1-866-562-8421	STD: VDT961700 LTD: VDT 961701	1-800-36CIGNA (24462) or 1-866-562-8421	www.cigna.com/customer-forms
VEBA	HRA VEBA	Employer ID: YA088	1-888-659-8828 1-763-582-3470 (fax)	www.hraveba.org
Vision	Vision Service Plan (VSP)	Group #: 12009865	1-800-877-7195 1-800-428-4833 (TDD)	www.vsp.com